

Regence 360MeSM

**Improve health. Increase productivity.
Save money.**

Regence 360Me offers three products to support you based on where your organization is in terms of health and wellness program evolution and budget—whether building awareness, driving engagement or inspiring outcomes. Each product offers a range of benefits for you and your employees, including a flexible online portal and mobile services, consulting, coaching, and reporting and analytics. Integration with the Regence portfolio provides innovative solutions that can be tailored to meet your company's needs and forge a culture of health.

1. Regence 360Me Foundations

Foundations is a low-cost option for employers that are new to wellness. This product is designed to help you generate awareness, drive health education and encourage your employees to adopt healthy behaviors and engage in prevention.

2. Regence 360Me Advanced

Advanced is for employers that have some wellness program experience and are looking to increase engagement. This product offers enhanced program and incentive tools and focuses on changing behaviors and improving employee engagement.

3. Regence 360Me Custom

Custom is an outcomes-based product for employers that want to incentivize outcomes and drive cultural and environmental changes. This product is a fully customizable health and productivity solution.

Regence 360Me Add-Ons: We also offer a variety of options that can be added to your 360Me product, including biometric screenings, flu shot clinic administration, device integration, additional event support, wellness consulting and analytics support.

regence.com: Our health and wellness portal, [regence.com](https://www.regence.com), includes: online wellness programs, health, exercise and food logs, biometric trackers, exercise and meal plans, decision-making tools and the Healthwise® Knowledgebase online health encyclopedia. Employees can easily participate in a variety of team challenges and learn about their current state of health by taking the confidential General Health Assessment (GHA). Our GHA captures biometrics, lifestyle indicators and even productivity metrics.

This program is not insurance but is offered in addition to your medical plan to help you and your employees get information and support when you need it.

FIND THE RIGHT PRODUCT FOR YOUR COMPANY

360Me Foundations Per Employee Per Month (PEPM) pricing plus initial setup fee	360Me Advanced PEPM plus initial setup fee	360Me Custom PEPM based on customization plus initial setup fee
ONLINE PORTAL & MOBILE SERVICES		
Mobile app	Mobile app	Mobile app
Integrated devices (devices extra)	Integrated devices (devices extra)	Integrated devices (devices extra)
36 standard workshops	36 standard workshops + up to 2 enhanced workshops	36 standard workshops + custom workshops
Standard Regence branding	Employer branding/logos	Employer branding/logos
Standard challenges	Standard challenges + up to 2 enhanced challenges	Standard challenges + custom challenges
Health assessment reset	Health assessment reset	Health assessment reset
Biometric screening results integrated into General Health Assessment (GHA)	Biometric screening results integrated into GHA	Biometric screening results integrated into GHA
Standard GHA survey questions	Standard GHA survey questions + up to 2 enhanced questions	Standard GHA survey questions + custom questions
HEALTH COACHING		
Opt-in coaching model	Opt-in coaching model	Custom coaching model or opt-out coaching model
Coaching platform (online interactive messaging)	Coaching platform (online interactive messaging)	Coaching platform (online interactive messaging)
	Event support (up to 4 hours per year)	Event support (custom hours)
WELLNESS CONSULTING		
Wellness consultant (up to 4 hours per year)	Wellness consultant (up to 16 hours per year)	Wellness consultant (custom hours)
Wellness strategy development	Wellness strategy development	Wellness strategy development
Annual customer satisfaction survey	Annual customer satisfaction survey	Annual customer satisfaction survey
Employer & Lifestyle toolkits	Employer & Lifestyle toolkits	Employer & Lifestyle toolkits
REPORTING & ANALYTICS		
Annual Outcomes Report	Annual Outcomes Report	Annual Outcomes Report
Quarterly Engagement Report	Quarterly Engagement Report	Quarterly Engagement Report
	Monthly Incentive Summary Report for enhanced rewards	Monthly Incentive Summary Report for custom rewards
REWARDS & INCENTIVES		
\$25 gift card for General Health Assessment (GHA)	\$25 gift card for GHA + enhanced rewards (up to 3 Healthy Habits)	Custom rewards
	Customer support for incentive program	Customer support for incentive program
	QR code incentive functionality	QR code incentive functionality
PROMOTIONS & COMMUNICATIONS		
Standard Regence branding (campaign posters, monthly Health Habit newsletter and weekly email tips)	Standard Regence branding (campaign posters, monthly Health Habit newsletter and weekly email tips) + enhanced materials	Standard Regence branding (campaign posters, monthly Health Habit newsletter and weekly email tips) + customized materials
360Me ADD-ONS		
	Event support	Event support
	Analytic support	Analytic support
	Wellness consulting	Wellness consulting
Biometric screenings and report Finger stick Venipuncture Physician Fax Form Home Screening Kit	Biometric screenings and report Finger stick Venipuncture Physician Fax Form Home Screening Kit	Biometric screenings and report Finger stick Venipuncture Physician Fax Form Home Screening Kit
Flu shot clinic administration and report	Flu shot clinic administration and report	Flu shot clinic administration and report
Paper General Health Assessment (GHA) administration	Paper GHA administration	Paper GHA administration
Stand-alone GHA report	Stand-alone GHA report	Stand-alone GHA report

TO LEARN MORE about Regence 360Me, contact your producer or Regence sales representative.